



# Therapy Connection During COVID-19

Our multidisciplinary team work closely with a Key Worker to support you in getting the most out of your plan and linking you in with relevant products and services. We have **Physiotherapists, Occupational Therapists, Speech Pathologists, Social Workers, Positive Behaviour Support Practitioners, Dietitians** and **Therapy Assistants** to provide you with the services you require.

In the current climate Ability WA is committed to ensuring these services are delivered with high quality and without disruption. We do this by:



## Direct

Direct therapy sessions when government guidelines allow it and it is agreed by all that it is the best approach in the environment best suited to you (home, hub, community)



## Telepractice

Telepractice sessions with you and significant others

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Providing therapy services via telepractice platforms (e.g. MS Teams, Zoom)



## Online Support

Online meetings with you, your family and significant others, and therapy team members to plan a coordinated therapy approach e.g. School meeting or NDIS meeting.



## Assistive Technology

Start exploring assistive technology options (investigation, research, funding applications)

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Assistive Technology may be useful to make things easier, safer, to live more independently and be happy



## Resources

Resource development for use at home.

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This may include creating therapy programs / activities for you to carry out in your home environment



## Check in Connection

Phone or email check in with you to follow up on your therapy goals and any other supports you may need (e.g. psychosocial supports)

If you have planned direct therapy with us and are feeling uneasy, please touch base with us. We can adapt our focus to suit you and continue to work together on your goals.

If we are unable to come to you, we can check in more regularly with shorter telepractice sessions or phone calls. We can use this time to brainstorm ideas and provide tips and tricks in a coaching model.

We have a team of enthusiastic creative therapists ready to inspire you and help you stay connected.

To learn more about your options, talk to your Key Worker, or call Ability WA on 1300 106 106.