Ability WA Services Guide

This guide tells you about what support Ability WA can provide.

SHINE TOGETHER 75

BUILT ON LEGACY. FOCUSED ON THE FUTURE.

Ability WA Services

Ability WA supports people with disability to live the life they choose.

We listen to you.

We learn about your strengths, interests and goals.

We work with you, your family and other important people in your life.

You can get support at home, school, work, in the community, at an Ability WA hub, or by video call.

Your Choices

You can choose:

- what support you want
- where you get support
- how often you get support
- whether you get support on your own or with a group.

Therapy Support

Therapy helps you build skills, stay healthy and do the things that are important to you.

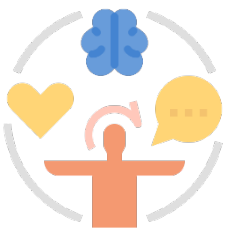
A key worker is your main contact person at Ability WA. They can help organise your services.

Ability WA can provide:

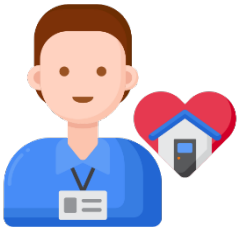
Physiotherapy — support to move your body well and stay healthy.

Occupational therapy — support with everyday activities, like getting dressed, cooking or hobbies.

Speech pathology — support to communicate in the way that works best for you.



Positive behaviour support — support to improve your quality of life and work towards your goals.



Social work — help to understand and use services in the community.

Exercise physiology — help to make an exercise plan for your goals.

Dietetics — advice about food and nutrition.

Water-based therapy — therapy in water to help with movement, strength, swimming skills or pain.

Support for Children and Families

Ability WA supports babies, children and their families.

Early intervention means getting support early to help a child learn and develop.

IBIS is home-based therapy for children under 2 who may have a developmental delay.

Inklings supports families of babies aged 6 to 18 months who are developing social interaction or communication differently.

Early Mealtime Service helps families when mealtimes are difficult.

AssisTkids is an equipment library where children can try and borrow equipment.

Home and Living Support

Ability WA can support you to live in a home that suits you.

Independent living means getting support to live in your own home.

Supported Independent Living (SIL) means you can get personal support 24 hours a day, 7 days a week.

Specialist Disability Accommodation (SDA) means purpose-built housing for people with high support needs.

Medium-term accommodation is a place to stay for a short time, usually 90 to 180 days.

Nurses can also visit you at home for disability-related health support.

Getting Out in the Community

Community Connect helps adults aged 18 and over take part in their community.

You can get support to:

- meet people
- try new activities
- join groups
- go out for coffee, bowling, music or volunteering
- build confidence and independence.

You choose what you want to do.

Support workers can help you.

Equipment and Technology

Assistive technology is equipment that helps you do everyday things.

AbilityTECH can help with:

- seating and positioning
- sleep support
- communication devices
- wheelchair and mobility equipment
- gaming equipment
- wheelchair repairs.

Some equipment can be changed or made to suit your needs.

Employment

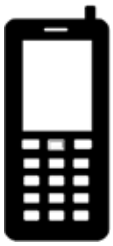
Ability WA can help you prepare for work, find a job and settle into a workplace.

You can get support to:

- learn job skills
- think about your interests and career goals
- explore study options
- get help after you start a job.

This can also mean working in a workplace with extra support while you build your skills. This is called supported employment.

Contact Us



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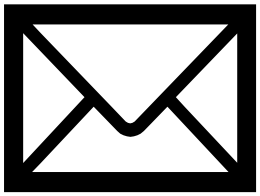

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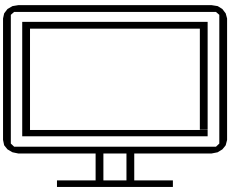

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